

BULL / NEWTECH PRESENTS

OLYMPIA AMATEUR JAPAN DAY-1

TIME	DIVISION
10:00	10:00 OPEN
	10:45 OPENING CEREMONY
11:00	11:00 WOMEN'S WELLNESS 11:20 WOMEN'S FIGURE / WOMEN'S PHYSIQUE
	BREAK
12:00	11:55 WELLNESS / FIGURE AWARDS / OVERALL WOMEN'S PHYSIQUE
	BREAK
13:00	13:10 MEN'S PHYSIQUE
14:00	14:50 BREAK
15:00	15:00 MEN'S PHYSIQUE
	15:40 BREAK
16:00	16:10 AWARDS / OVERALL
17:00	17:00 CLOSE / EXPO CLOSE
18:00	

BULL / NEWTECH PRESENTS

OLYMPIA AMATEUR JAPAN DAY-2

TIME	DIVISION
10:00	10:00 OPEN
	10:45 OPENING CEREMONY
11:00	11:00 WOMEN'S BIKINI
12:00	
	12:35 BIKINI ATHLETES FORUM
13:00	BREAK
	13:45 AWARDS / OVERALL
14:00	
	14:15 PRESS CONFERENCE / MEET THE PRO
15:00	BREAK
	15:30 MEN'S CLASSIC PHYSIQUE
16:00	BREAK
	16:45 MEN'S BODYBUILDING
17:00	BREAK
18:00	18:05 CLASSIC PHYSIQUE & BODYBUILDING AWARDS / OVERALL
	18:45 CLOSE / EXPO CLOSE