FWJ MOLA CUP タイムテーブル ※状況により時間が変動する場合がございます	
9:10	選手集合/受付/測定
10:00	選手ミーティング
10:30	開場/Open/ジャッジミーティング
11:10	アタックPV/開会宣言
	スタート/Start Final決勝(決勝審査1回のみ)
	WOMEN'S BIKINI - True Novice
11:26	MEN'S PHYSIQUE - True Novice A (up to 169 cm)
	MEN'S PHYSIQUE - True Novice B (169 cm up to 175 cm)
	MEN'S PHYSIQUE - True Novice C (175 cm & over)
	WOMEN'S BIKINI - Beginner
	MEN'S PHYSIQUE - Beginner
	WOMEN'S BIKINI – Local
	MEN'S PHYSIQUE - Local
12:46	スポンサー様ご挨拶
	WOMEN'S BIKINI - Novice
	MEN'S PHYSIQUE - Novice A (up to 168 cm)
	MEN'S PHYSIQUE - Novice B (168 cm up to 172 cm)
	MEN'S PHYSIQUE - Novice C (172 cm up to 175 cm)
	MEN'S PHYSIQUE - Novice D (175 cm & over)
13:59	休憩/Break
14:45	アタックPV
	MEN'S PHYSIQUE - Teenage (18 to 19 yr)
	WOMEN'S BIKINI - Junior (18 to 23 yr)
	MEN'S PHYSIQUE - Junior (18 to 23 yr)
	WOMEN'S BIKINI - Masters 35+
15:10	WOMEN'S BIKINI - Masters 40+
	WOMEN'S BIKINI - Masters 45+
	WOMEN'S BIKINI - Masters 50+
	MEN'S PHYSIQUE - Masters 35+
	MEN'S PHYSIQUE - Masters 40+
15:37	MEN'S PHYSIQUE - Masters 45+
	MEN'S PHYSIQUE - Masters 50+
	WOMEN'S FIGURE - Open
	MEN'S CLASSIC PHYSIQUE - Junior (18 to 23 yr)
	MEN'S CLASSIC PHYSIQUE - Novice
	MEN'S CLASSIC PHYSIQUE - Open
	WOMEN'S WELLNESS - Open
	MEN'S BODYBUILDING - Open
15:55	WOMEN'S BIKINI - Open
	MEN'S PHYSIQUE - Open Class A (up to 170 cm)
	MEN'S PHYSIQUE - Open Class B (170 cm up to 175 cm)
	MEN'S PHYSIQUE - Open Class C (175 cm & over)
16:40	小休憩/Break 表彰準備
17:00	FWJカテゴリー表彰/Awards ceremony 全力テゴリー表彰 ↓↓↓各カテゴリー表彰後『オーバーオール』↓↓↓ メンズフィジークノービスオーバーオール/Men's Physique novice Overall ビキニマスターズオーバーオール/Bikini Masters Overall メンズフィジークマスターズオーバーオール/Men's Physique Masters Overall メンズフィジークオープンオーバーオール/Men's Physique Overall
18:10	閉会/Close
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