

# FWJ SEA OF JAPAN CHAMPIONSHIPS タイムテーブル

※状況により時間変動する場合がございます

9:10	選手集合/受付/測定
10:00	選手ミーティング
10:30	開場/Open
11:10	アタックPV/開会宣言
	<b>スタート/Start Final決勝(決勝審査1回のみ)</b>
	WOMEN'S BIKINI - True Novice
11:21	MEN'S PHYSIQUE - True Novice A (up to 168 cm)
	MEN'S PHYSIQUE - True Novice B (168 cm up to 174 cm)
	MEN'S PHYSIQUE - True Novice C (174 cm & over)
	WOMEN'S BIKINI - Beginner
11:58	MEN'S PHYSIQUE - Beginner
	WOMEN'S BIKINI - Local
	MEN'S PHYSIQUE - Local
12:17	スポンサー様ご挨拶
	WOMEN'S BIKINI - Novice
	MEN'S PHYSIQUE - Novice A (up to 167 cm)
	MEN'S PHYSIQUE - Novice B (167 cm up to 171 cm)
12:47	MEN'S PHYSIQUE - Novice C (171 cm up to 177 cm)
	MEN'S PHYSIQUE - Novice D (177 cm & over)
13:07	休憩/Break
13:55	アタックPV
	MEN'S PHYSIQUE - Teenage (18 to 19 yr)
	MEN'S PHYSIQUE - Junior (18 to 23 yr)
	WOMEN'S BIKINI - Masters 35+
	WOMEN'S BIKINI - Masters 40+
14:17	WOMEN'S BIKINI - Masters 45+
	WOMEN'S BIKINI - Masters 50+
	MEN'S PHYSIQUE - Masters 35+
	MEN'S PHYSIQUE - Masters 40+
14:28	MEN'S PHYSIQUE - Masters 45+
	MEN'S PHYSIQUE - Masters 50+
	WOMEN'S WELLNESS - Open
	MEN'S CLASSIC PHYSIQUE - Masters 35+
	MEN'S CLASSIC PHYSIQUE - Novice
	MEN'S CLASSIC PHYSIQUE - Open
14:57	MEN'S BODYBUILDING - Masters 40+
	MEN'S BODYBUILDING - Masters 50+
	MEN'S BODYBUILDING - Open
15:06	WOMEN'S BIKINI - Open
	MEN'S PHYSIQUE - Open Class A (up to 169 cm)
	MEN'S PHYSIQUE - Open Class B (169 cm up to 174 cm)
	MEN'S PHYSIQUE - Open Class C (174 cm & over)
15:39	小休憩/Break 表彰準備
16:00	<b>FWJカテゴリー表彰/Awards ceremony 全カテゴリー表彰</b> ↓↓↓各カテゴリー表彰後『オーバーオール』↓↓↓ メンズフィジークノービスオーバーオール/Men's Physique novice Overall ビキニマスターズオーバーオール/Bikini Masters Overall メンズフィジークマスターズオーバーオール/Men's Physique Masters Overall メンズフィジークオープンオーバーオール/Men's Physique Overall
17:10	閉会/Close