

2025.7.19 CRYSTAL CUP 2025 TIME TABLE

9 : 10	【前半戦】NATURAL Regional 選手集合／受付／測定
10 : 00	選手ミーティング／リハーサル
10 : 30	開場／Open／ジャッジミーティング
11 : 10	【前半戦】NATURAL Regional 開会 MEN'S PHYSIQUE - Junior (18 to 23 yr) WOMEN'S FITMODEL - Novice WOMEN'S FITMODEL - Masters 40+ WOMEN'S BIKINI - True Novice WOMEN'S BIKINI - Local
11 : 35	MEN'S PHYSIQUE - True Novice A (less than 172cm) MEN'S PHYSIQUE - True Novice B (172cm & over) WOMEN'S BIKINI - Novice MEN'S PHYSIQUE - Local
12 : 13	スポンサー紹介
12 : 16	MEN'S PHYSIQUE - Novice A (less than 168cm) MEN'S PHYSIQUE - Novice B (168 cm up to & less than 172 cm) MEN'S PHYSIQUE - Novice C (172 cm up to & less than 175 cm) MEN'S PHYSIQUE - Novice D (175 cm & over) WOMEN'S FITMODEL - Open
13 : 04	WOMEN'S FIGURE - Open MEN'S CLASSIC PHYSIQUE - Novice MEN'S CLASSIC PHYSIQUE - Open WOMEN'S PHYSIQUE - Open MEN'S BODYBUILDING - Novice MEN'S BODYBUILDING - Open
13 : 28	WOMEN'S BIKINI - Open MEN'S PHYSIQUE - Open A (less than 170cm) MEN'S PHYSIQUE - Open B (170 cm up to & less than 175 cm) MEN'S PHYSIQUE - Open C (over 175 cm)
14 : 10	【後半戦】OPEN Regional 選手集合
14 : 10	小休憩／Break 表彰準備
14 : 40	FWJカテゴリー／Awards ceremony メンズフィジークノービスオーバーオール／Men's Physique Novice Overall メンズフィジークオープンオーバーオール／Men's Physique Overall > > 尿検査対象者「6名」は表彰後すみやかに検査へ
15 : 25	閉会／Close
15 : 50	【後半戦】OPEN Regional 開会 WOMEN'S FITMODEL - Beginner WOMEN'S FITMODEL - Novice MEN'S PHYSIQUE - Junior (18 to 23 yr) MEN'S PHYSIQUE - Local WOMEN'S BIKINI - True Novice WOMEN'S BIKINI - Novice MEN'S PHYSIQUE - True Novice
16 : 16	MEN'S PHYSIQUE - Novice A (less than 168cm) MEN'S PHYSIQUE - Novice B (166 cm up to & less than 172 cm) MEN'S PHYSIQUE - Novice C (172 cm up to & less than 175 cm) MEN'S PHYSIQUE - Novice D (175 cm & over)
16 : 31	WOMEN'S FIGURE - Open MEN'S CLASSIC PHYSIQUE - Novice MEN'S CLASSIC PHYSIQUE - Open WOMEN'S PHYSIQUE - Open MEN'S BODYBUILDING - Open WOMEN'S FITMODEL - Masters 40+ WOMEN'S FITMODEL - Open WOMEN'S BIKINI - Masters 40+ MEN'S PHYSIQUE - Masters 40+
17 : 10	WOMEN'S BIKINI - Open MEN'S PHYSIQUE - Open A (less than 170cm) MEN'S PHYSIQUE - Open B (170 cm up to & less than 175 cm) MEN'S PHYSIQUE - Open C (over 175 cm)
17 : 34	小休憩／Break 表彰準備
18 : 00	FWJカテゴリー表彰／Awards ceremony メンズフィジークノービスオーバーオール／Men's Physique Novice Overall メンズフィジークオープンオーバーオール／Men's Physique Overall
18 : 40	閉会／Close