

2025.6.7 EVOLGEAR SOUTH JAPAN CHAMPIONSHIPS 2025 TIME TABLE

9 : 10	選手集合／受付／測定
10 : 00	選手ミーティング／リハーサル
10 : 30	開場／Open／ジャッジミーティング
11 : 10	開会宣言／会長挨拶／EVOLGEAR針北代表挨拶／ジャッジ紹介 スタート／Start Final決勝（決勝審査1回のみ） WOMEN'S FITMODEL - Beginner WOMEN'S BIKINI - True Novice
11 : 32	MEN'S PHYSIQUE - True Novice A (less than 170cm) MEN'S PHYSIQUE - True Novice B (170cm & over)
11 : 59	WOMEN'S BIKINI - Beginner WOMEN'S BIKINI - Local MEN'S PHYSIQUE - Beginner MEN'S PHYSIQUE - Local
12 : 11	スポンサー紹介等 WOMEN'S BIKINI - Novice
12 : 25	MEN'S PHYSIQUE - Novice A (up to 167cm) MEN'S PHYSIQUE - Novice B (167cm up to 170cm) MEN'S PHYSIQUE - Novice C (170cm up to 174cm) MEN'S PHYSIQUE - Novice D (174cm & over)
13 : 12	休憩／Break
14 : 05	MEN'S PHYSIQUE - Teen (18 or 19yr) MEN'S PHYSIQUE - Junior (18 to 23yr)
14 : 20	WOMEN'S BIKINI - Masters 35+ (35yr & over) WOMEN'S BIKINI - Masters 40+ (40yr & over) WOMEN'S BIKINI - Masters 45+ (45yr & over) MEN'S PHYSIQUE - Masters 35+ (35yr & over) MEN'S PHYSIQUE - Masters 40+ (40yr & over) MEN'S PHYSIQUE - Masters 45+ (45yr & over) MEN'S PHYSIQUE - Masters 50+ (50yr & over)
14 : 38	MEN'S CLASSIC PHYSIQUE - Novice MEN'S CLASSIC PHYSIQUE - Masters 35+ (35yr & over) MEN'S CLASSIC PHYSIQUE - Open MEN'S BODYBUILDING - Novice MEN'S BODYBUILDING - Open
14 : 49	WOMEN'S BIKINI - Open MEN'S PHYSIQUE - Open Class A (up to & incl 169cm) MEN'S PHYSIQUE - Open Class B (over 169cm up to & incl 174cm) MEN'S PHYSIQUE - Open Class C (over 174cm)
15 : 30	小休憩／Break 表彰準備
15 : 50	EVOLGEAR契約IFBB PRO 3名挨拶（予定） ——湯浅幸大選手・廣川翔一選手・シムクレールエリザベータ選手
15 : 55	FWJカテゴリー表彰／Awards ceremony メンズフィジークノービスオーバーオール／Men's Physique Novice Overall ビキニマスターズオーバーオール／Bikini Masters Overall メンズフィジークマスターズオーバーオール／Men's Physique Masters Overall メンズフィジークオープンオーバーオール／Men's Physique Overall
17 : 10	閉会／Close