

2025.5.31 RISING STAR CHAMPIONSHIPS 2025 TIME TABLE

9 : 10	【前半戦】 NATURAL Regional 選手集合／受付／測定
10 : 00	選手ミーティング／リハーサル
10 : 30	開場／Open／ジャッジミーティング
11 : 10	【前半戦】 NATURAL Regional 開会 MEN'S PHYSIQUE - Junior (18 to 23 yr) WOMEN'S BIKINI - True Novice
11 : 35	MEN'S PHYSIQUE - True Novice WOMEN'S BIKINI - Local
11 : 57	MEN'S PHYSIQUE - Local WOMEN'S BIKINI - Novice MEN'S PHYSIQUE - Novice A (under 168cm)
12 : 33	MEN'S PHYSIQUE - Novice B (168 cm and above, but under 171 cm) MEN'S PHYSIQUE - Novice C (171 cm and above, but under 175 cm) MEN'S PHYSIQUE - Novice D (175 cm and above)
13 : 01	小休憩／Break
13 : 10	MEN'S CLASSIC PHYSIQUE - Novice MEN'S CLASSIC PHYSIQUE - Open MEN'S BODYBUILDING - Open
13 : 28	WOMEN'S BIKINI - Open MEN'S PHYSIQUE - Open A (under 169cm)
13 : 46	MEN'S PHYSIQUE - Open B (169 cm and above, but under 175 cm) MEN'S PHYSIQUE - Open C (175 cm and above)
14 : 05	小休憩／Break 表彰準備 【後半戦】 OPEN Regional 選手集合
14 : 25	FWJカテゴリー表彰／Awards ceremony メンズフィジークノービスオーバーオール／Men's Physique novice Overall メンズフィジークオープンオーバーオール／Men's Physique Overall >>>尿検査対象者「4名」は表彰後すみやかに検査へ
15 : 00	閉会／Close
15 : 50	【後半戦】 OPEN Regional 開会 MEN'S PHYSIQUE - Junior (18 to 23 yr) WOMEN'S FITMODEL - Novice WOMEN'S FITMODEL - Masters 40+ WOMEN'S BIKINI - True Novice WOMEN'S BIKINI - Local MEN'S PHYSIQUE - True Novice MEN'S PHYSIQUE - Local WOMEN'S BIKINI - Novice WOMEN'S BIKINI - Mastres 40+ MEN'S PHYSIQUE - Novice A (under 168cm) MEN'S PHYSIQUE - Novice B (168 cm and above, but under 172 cm) MEN'S PHYSIQUE - Novice C (172 cm and above, but under 175 cm) MEN'S PHYSIQUE - Novice D (175 cm and above)
16 : 20	MEN'S CLASSIC PHYSIQUE - Novice MEN'S CLASSIC PHYSIQUE - Open MEN'S BODYBUILDING - Open MEN'S PHYSIQUE - Masters 40+ WOMEN'S BIKINI - Open MEN'S PHYSIQUE - Open A (under 170cm) MEN'S PHYSIQUE - Open B (170 cm and above, but under 175 cm) MEN'S PHYSIQUE - Open C (175 cm and above)
17 : 05	小休憩／Break 表彰準備
17 : 25	ゲスト：IFBB PRO 『YUKI KAMIYAMA』 FWJカテゴリー表彰／Awards ceremony メンズフィジークノービスオーバーオール／Men's Physique novice Overall メンズフィジークオープンオーバーオール／Men's Physique Overall
18 : 10	閉会／Close