

2025.4.5 WEST TOKYO CHAMPIONSHIPS 2025 TIMETABLE

9 : 10	選手集合／受付／測定
10 : 00	選手ミーティング
10 : 30	開場／Open
11 : 10	開会宣言 スタート／Start Final決勝（決勝審査1回のみ） WOMEN'S FITMODEL - True Novice MEN'S PHYSIQUE - True Novice
11 : 36	WOMEN'S BIKINI - True Novice WOMEN'S BIKINI - Local MEN'S PHYSIQUE - Beginner WOMEN'S BIKINI - Novice MEN'S PHYSIQUE - Local
11 : 49	スポンサー紹介等 MEN'S PHYSIQUE - Novice A (up to & incl 168 cm)
12 : 01	MEN'S PHYSIQUE - Novice B (168 cm up to & incl 172 cm) MEN'S PHYSIQUE - Novice C (172 cm up to & incl 175 cm) MEN'S PHYSIQUE - Novice D (175 cm & over)
12 : 23	休憩／Break
13 : 15	2025スケジュール MEN'S PHYSIQUE - TEEN (18 to 19 yr) MEN'S PHYSIQUE - Junior (18 to 23 yr)
13 : 32	WOMEN'S BIKINI - Masters 35+ (35 yr & over) WOMEN'S BIKINI - Masters 40+ (40 yr & over) WOMEN'S BIKINI - Masters 45+ (45 yr & over) WOMEN'S BIKINI - Masters 50+ (50 yr & over) MEN'S PHYSIQUE - Masters 35+ (35 yr & over) MEN'S PHYSIQUE - Masters 40+ (40 yr & over) MEN'S PHYSIQUE - Masters 45+ (45 yr & over) MEN'S PHYSIQUE - Masters 50+ (50 yr & over)
13 : 55	WOMEN'S FITMODEL - Masters 40+ (40 yr & over) WOMEN'S FITMODEL - Open MEN'S CLASSIC PHYSIQUE - Novice フリーポーズ審査⇒規定ポーズ審査 MEN'S CLASSIC PHYSIQUE - Open フリーポーズ審査⇒規定ポーズ審査 MEN'S BODYBUILDING - Novice フリーポーズ審査⇒規定ポーズ審査 MEN'S BODYBUILDING - Open フリーポーズ審査⇒規定ポーズ審査
14 : 09	WOMEN'S BIKINI - Open MEN'S PHYSIQUE - Open Class A (up to & incl 170 cm)
14 : 25	MEN'S PHYSIQUE - Open Class B (over 170 cm up to & incl 175 cm) MEN'S PHYSIQUE - Open Class C (over 175 cm)
14 : 43	小休憩／Break 表彰準備
15 : 00	FWJ各カテゴリー表彰/Awards ceremony 表彰順番は開催順通り メンズフィジークノービスオーバーオール/Men's Physique novice Overall ビキニマスターズオーバーオール/Bikini Masters Overall メンズフィジークマスターズオーバーオール/Men's Physique Masters Overall メンズフィジークオープンオーバーオール/Men's Physique Overall >>>尿検査対象者「5名」は表彰後すみやかに検査へ
16 : 10	閉会／Close